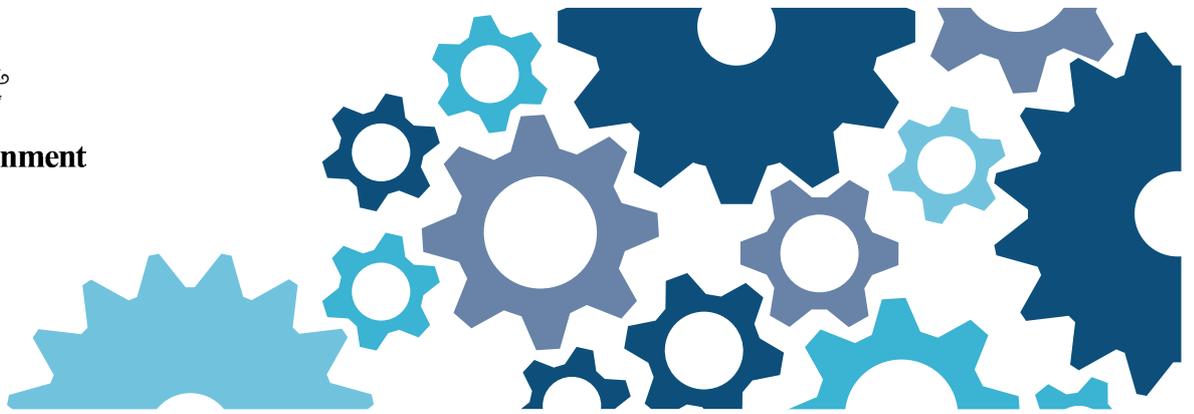




Australian Government



# Volunteering

What is volunteering?

- Volunteering means doing unpaid work to benefit a community organisation, such as a sporting club, school or charity.
- Some examples of volunteering include:
  - helping with fundraising events
  - helping the State Emergency Service clean up after a storm
  - serving customers in a charity op-shop.

Will I be paid?

- Volunteers are not employees and should not expect to be paid for any work.
- As a volunteer you get to choose when and how often you work for the organisation.
- You are not obligated to attend the workplace or perform any work.

How do I find volunteering opportunities?

- You can find volunteer positions on the Volunteering Australia website at [volunteeringaustralia.org](http://volunteeringaustralia.org).
- Talk to local community groups to see if they need volunteers.
- Some charities allow you to sign up for one-off or ongoing volunteering opportunities.
- Once you know where you want to volunteer, talk with them about your availability.



## Why volunteer?

- Volunteering can help you build skills and abilities that employers want. This includes things like planning and organising, reliability and time-management.
- Volunteering is a great way to give back to your local community.
- It is a good way to meet people who could act as referees for future job applications.

## Where can I find more information?

- For more information on volunteering, visit the Fair Work Ombudsman website at [fairwork.gov.au](http://fairwork.gov.au) and search for 'Unpaid work'.
- Visit Job Jumpstart ([jobjumpstart.gov.au](http://jobjumpstart.gov.au)) for tips and hints on building your work experience through volunteering.

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